



## **SUMMER IN THE CITY! CLOWN IN TOWN!**

**Steife Brise theatre brings the summer intensive *Clown Through Mask 2024* to Hamburg:**

Pochinko Clown Training with Verena Lohner, Steife Brise Theater, Hamburg  
July 20<sup>th</sup> to August 4<sup>th</sup>, 2024

This course is based on the work of Canadian master clown Richard Pochinko as well as European theater roots and goes by several names:

Through masks to become a clown, clown through mask or baby clown – at the end of the course the participants' clowns are "born".

The course offers special basic training in the art of clown theater.

He combines the step-by-step exploration of the emotional and mythological areas in which a clown lives with the use of targeted techniques and structures as well as physical and scenic play that brings out your unique individual expressiveness.

### **The training**

At the beginning of the training, we focus on our perception and, above all, on listening.

Participants are gradually encouraged to develop a sense of pleasure. You will be enabled to have a fine perception of internal and external impulses, such as those of the audience, and will develop the ability to deal with them emotionally, physically and honestly. All senses are comprehensively explored as a basis for design and the learners encounter the infinite possibilities of their individual imagination.

Using targeted methods from physical theater, participants get to know their body in a new way: as an inexhaustible source for visualization, character design, dramaturgy, narrative and expression.

Improvisations and working with colors also play an important role.

Building on these experiences, participants can begin creating and wearing their six personal masks. Through physical theater and imagination exercises, they explore the innocent and experienced sides of their masks and explore their relationship to one another.

These masks serve as a guide for the baby clowns-to-be to conquer new land through design and play - and therefore they are also the guide to their original clowns.

With each mask, the participants then develop a short sketch (so-called turn) without words, in which the essence of the mask is vividly expressed.

The essential clown rules are gradually introduced with these "turns" as well as in all the exercises that are carried out up to that point. This means that participants gain a comprehensive understanding of "Clown" and practical experience of the specific elements associated with it in order to be able to use them in all conceivable design and performance situations.



**Steife Brise**  
Improvisation. Theater. Konzepte

Haubachstraße 80  
22765 Hamburg

Tel 040 – 87 87 96 69 – 0  
Fax 040 – 87 87 96 69 – 9

info@steife-brise.de  
www.steife-brise.de



This course is a force that unleashes the unexpected.  
It's intense, humanistic, can move you to tears and is a lot of fun!

The participants then look at a personal repertoire of diverse characters.  
And they can use the flexible structures and techniques they have learned to design, research and use an infinite amount of things for their individual projects from now on.

For this course you don't have to be an artist - an actor or a painter.  
Being a human being - with a willingness to play, discover and leave familiar paths - is exactly the right thing for this.

Please note that this is a very intensive course. We recommend that you keep other commitments to a minimum during the two weeks, as you will need time outside of core teaching times to make the 6 masks at your own pace.

#### **Time**

The whole "Through the mask to become a clown" or "Baby Clown" course lasts 100 hours/16 days.

#### **Costs**

per participant for the 16-day seminar  
€ 1099, - (students, unemployed)  
€ 1299, - (freelancer, artists)  
€ 1599, - (employee, entrepreneur)

EARLY BIRD offer: If you book by January 31, 2024, the tariff will be reduced by € 150, -

This includes:

- 16 days of course management and intensive support
- 16 days & evenings in an inspiring environment at WIESE e.g. in Hamburg Barmbek
- Working materials (paints, paper, clay, tools, costumes and props)
- Birthday party with final presentation with invited guests

#### **Registration**

Please apply with a short letter (letter, email, video message).

[Verena.lohner@steife-brise.de](mailto:Verena.lohner@steife-brise.de)

Let me know what activities have been close to your heart so far and why you see this training for yourself now. We would also be happy to discuss how you might want to apply your experiences in the future.



### The trainer

Verena Lohner

Verena Lohner has loved theater for as long as she can remember.

It started with Beckett, continued with Shakespeare and with improvisation she is now able to turn the whole world into a stage in her daily work.

Whether political dialogue-theater in Russia, business theater in companies or spontaneous cabaret in Düsseldorf.

She is internationally active with clown and theater productions and has, among other things, developed the mirror theater "Clownclusion" with the theater "La nave va" in Barcelona.

She has been working with Steife Brise Theater in Hamburg for many years as directing manager, actress, trainer, systemic coach and developer.



For a long time, she resisted being a clown. Had a lot of great clown training, studied Commedia dell'arte and Buffon, and adored the Marx Brothers and Fellini films. Until Pochinko Clown Training at the M CCP (Manitoulin Conservatory for Performance and Creation or The Clown Farm) in Ontario, Canada kindly and mercilessly revealed her true nature to her.

She returned there for many summers, with no prospect of an end, studying and working with John Turner, Mike Kennard, Karen Hines, Fiona Griffiths, Grindl Kuchirka, Fides Krucker and many other passionate Clown enthusiasts.

2020 she humbly started sowing the seed of Pochinko Clown Training in Germany with the first international German Baby Clown summer intensive.

"Let pass through." Richard Pochinko

"It is what it is/ says love." Erich Fried

"Know thyself." Fiona Griffiths

"Get off my lawn." John Turner

#### Steife Brise

Improvisation. Theater. Training.

Tel 040 – 87 87 96 69 – 0

info@steife-brise.de

www.steife-brise.de